

JK Note-ables Give Noteworthy Performance!



though Harriet is a retired teacher with 2 doctorates, she has a distinct flair for comedy. Instead of holiday music, the group opted for a "Gay 90's" theme and included lots of

Harriet Mertz and the **John Knox NOTE-ables** could go on the road with their act - not just for their music, but for the stand-up comedy that's interspersed throughout their presentation. Al-



sing-along numbers - several of which included special effects! There was the "Man on the Fly-



ing Trapeze" - played by **John Orzel**; **Gloria Richard** waltzed through (sans Casey) as the "strawberry blond." Crocodile tears

were shed as the ladies sang the sad story of Clementine. And audience participation was requested for "Comin' Round the Mountain" including hand gestures for each verse! Director Mertz, also adept in public relations, got in several plugs for their repertoire of 310 songs in their other 3 shows!



Scholarship Luncheon To Be Held On February 2

The annual BCREA Scholarship Luncheon will be held

Thursday, February 2, 2012
11:30 am - Social Hour
12 noon - Lunch served

Tropical Acres Restaurant
2500 Griffin Road
(954) 761-1744

Tickets for the luncheon are \$25.00 and will be sold at the January meeting. Or you may order them by mail with the coupon on page 4. Deadline for ordering tickets is January 27.

Please make checks out to BCREA and include a Self-Addressed Stamped Envelope with your order. Door prizes are needed! If you have something to donate, please bring them to the January meeting or let Margarite Falconer know.

January 5 Meeting

Time: 11:45 am
Place: Deicke Auditorium
Address: 5701 Cypress Road
Plantation
(1 block off Broward at Royal Palm)

Program: : Benefits of Exercise - Joseph Gatz

Bring to meeting:

- Potluck Dish to Share
- School Supplies
- Door Prize for Luncheon
- Blankies & Pillows
- Magazines for Vets
- Campbells labels
- Aluminum pull-tabs
- General Mills labels
- Coupons for our troops

President's Corner

Where did 2011 go? It went by so fast that it's hard to believe it's over! During the year it seemed like time was standing still and we just couldn't get through a day much less the year.



It wasn't a good year for many of us. Loss of family and friends, illness, family problems and more wrinkles hit a lot of us. One of the reasons we like to make resolutions is that we think we'll be able to start fresh in the New Year. We believe that with a clean slate we won't make the same mistakes or have troubles. The only thing is that we'll just have new or different concerns in the New Year.

An advantage we all have now is that we've lived long enough to be able to adapt a little and realize that this too, we will overcome. I've heard many of you talking about your exercise or study classes. Sometimes it's as simple as just doing our routine activities a new way that will help the brain stayed wired.

The food and entertainment in December was, as usual, wonderful - keep up that good cooking! We had more than 1 table - that's over 6 feet of deserts! Those of you who don't come to the socials are missing a real sugar fix. We had over 80 in attendance and more new members

According to some pundits the world is going to end in 2012. Well let's just run up those credit cards to the max. What we really need is to buy some strappy red shoes and find someone to take us dancing. Love to you all,

Margarite

From the Vice-President.

Did you make a New Year's Resolution this year having to do with leading a healthier lifestyle? If you did, our guest speaker this month may be able to help you carry out that resolution. If you didn't, you might be inspired to start a healthier lifestyle after hearing our speaker. **Mr. Joseph Gatz** has a BS degree in exercise physiology from UM/FIU. He is currently the lead exercise physiologist at the Zachariah Family Wellness Pavilion at Holy Cross Hospital. Also, he works in both community wellness and clinical cardiac rehab. Mr. Gatz will talk about the benefits of exercise, starting an exercise program, how to stick to a New Year's exercise resolution, and how to stay healthy for the rest of your life. He told me he tries to keep people healthy in an unhealthy world! It is never too late to get up off the couch or chair and get moving. There is a motto that older people should abide by - "Keep that Body Moving." No matter what your physical condition is at this time, this presentation may give you some tips on how you can get started. Remember, you're never too old to learn.

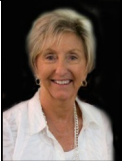


Here's wishing all of you a happy and prosperous new year!

Barbara

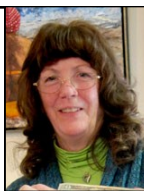
Community Service / Directories

Chairman: Darcia Drago
954-977-7247 dardra@att.net



Social Committee

Co-Chairman: Madeline Martin &
Sallie Sherwood
954-773-9114 954-629-3712



Please remember to take home your own leftovers after our luncheons. This will be a great help in our clean-up!
Many Thanks to all of you!

We can always use new committee members. Call us if you'd like to help - either setting up and/or especially cleaning up!

Madeline and Sallie

Community Service

At our January meeting we will collect school supplies for the Broward Education Foundation's Kids in Need Resource Center. Included on their teachers' wish lists are pens, pencils, markers, filler paper, crayons, erasers, scissors, tape, copy paper, notebooks, index cards, binders and back packs.

Directory

Our directory has a new and improved look thanks to Bev Hoppe who converted the copy to Microsoft Publishing. Directories will be available at the January meeting and at the February scholarship luncheon.
Happy New Year!

Darcy

Health & I+PS

Chairman: Kathlyn Barno

954-581-4731

BB9214@aol.com



The New Year is here! Now is the time we make a new start and plan to do all of the things that we didn't finish or get to do last year. In the hustle and bustle to get everything done, let's not forget our health and safety.

A study at Kent University showed that people who wrote letters of gratitude reported an increase in their overall happiness, those who didn't showed no change. Remember we are helping ourselves when we take time to write thank you notes for our many gifts,

both tangible and intangible. The director of the Sleep Disorders Service and Research Center at Rush University in Chicago found that sleeping an extra hour on the weekend is good for you, especially if you can't get the seven to eight hour mark that is recommended for every night.

Eating the right foods keeps us physically fit and it can keep your brain healthy. Don't forget foods like fish, eggs and plenty of fruit and green, leafy vegetables. Here's to a year of good health. *Kathlyn*

Membership...

Chairman: Susan Lochrie

954-525-8503 or slochrie@bellsouth.net



DRIVER SAFETY PROGRAM NE 33 Avenue (A1A and BCREA member **Echo Heyer** is an instructor with the AARP Safe Driver Safety Program, a refresher course for motorists 55 and older. A certificate is issued at the end of the course and many auto insurance companies give a discount in premiums for completion of this course. The informative and interactive classes are given in 2 morning sessions from 9:00 to 12 noon. The fee is \$12.00 for AARP members (bring your AARP membership card) and \$14.00 for non-members. Echo teaches classes at the FtL Beach community Center at 3357

Oakland Park Blvd.) Parking is free. To register, call **954-828-4710**.

The dates at the Center are:

January 9 & 11; February 6 & 8; March 5 & 7; April 16 & 18; and May 14 & 16.

BCREA member **Jeannette Petrozella** is going to explore opportunities for the Driver Safety Class to be given in the central area of Broward County so it would be more convenient for those living in that area. Watch this Newsletter for more info on that.

Susan

Tips on How to Avoid Identity Theft

By Darcy Drago

As a recent victim of identity theft I have learned some useful info that I wanted to pass along to you. In my case, someone called the banking center posing as me & requested a change of address & a new debit card to be mailed to that address. They knew enough info about me that the bank complied. I have since become very paranoid & am trying to prevent further "attacks". I was afraid that a scammer could call Social Security or my credit card companies & make similar requests, so I contacted them & learned the following:

Social Security: you can go in to the local office & have a password added to your info. (You cannot do this by phone.)

Credit cards: you can also have a password added. (They usually use your mother's maiden name but that is too obvious.) Also, if you are planning a trip, call them & let them know your travel dates & destination. In the past whenever I have traveled I have photocopied the front & back of my credit cards & carried this in my luggage in case my card was lost or stolen. Bad idea according to the cc companies. If someone finds this they know your account # & expiration date as well as the security code on the back of the card. Carry only the toll free #'s with

Passages



*Happy Birthday to our Birthday Club (members over 85!)
Nancy Sword 1/01
Eliza Bickers 1/11
Edith Colden 1/12
Claudia Finlayson, 1/23
Wilise Langford 1/25*



Welcome New Members!

**Helen Lyons
Marian Resch**



Mary Pat Shannon



you. If the card is lost or stolen, the company can access your account from your SS#. Who knew? Stay safe. It's a jungle out there.

Darcy

Literacy

Chairman: Rosetta Watkins

954-584-8719

mamarowat@aol.com



Fifth Grade Essay Contest

We finally got approval from the Superintendent's Screening Committee and now we are ready to get started with the fifth grade essay contest. If you know of any fifth grade teachers who would like to participate, please let me know. I will get the guidelines to them.

Book Donations

The Literacy Committee is collecting slightly used books for the after school program at the L.A Lee "Y". Please bring books for children in kindergarten thru fifth grade.

Thank you. **Rosetta**

Bev's Bytes.....

Have you ever wished you knew who brought a certain casserole or dessert so you could ask for the recipe? I certainly have!

At the December meeting **Evelyn Morris** came up with the idea that we should do a cookbook with all the potluck recipes since we always have such excellent food. Several other people approved this idea, adding that I should also put them on the website - like a "recipe of the month." If you like this idea, start sending me your recipes, preferably by e-mail (I'm not the world's best typist!) and I'll start compiling them. If we get enough, I'll put them in a Directory-sized book and get them printed.

Hospitality Chairman **Martha Pipes** reported that there were 80 members and guests in attendance at the December meeting.

In the 50/50, new member **Mary Pat Shannon** won \$20; **Sallie Sherwood** won \$20; and **Sandi Behrens** won \$10. And would you believe this:



Renee Rubin won the beautiful flower arrangement made by **Carol Roland**! Renee has attended only the past 3 meetings and has won a 50/50 prize at each one!

Cultural Affairs

Chairman: Michele Edwards

954-849-5512

dramama51@bellsouth.net



Dear BCREA Membership:
Thank you for supporting my endeavors to include the arts in the activities offered by BCREA. I began this effort in 2004 when Madeline Martin convinced me that BCREA needed some arts infusion and I was the one to provide it. We were off to a slow start with one show the first year. This season's three shows are already sold out and the first performance is not until the end of January! Now that BCREA has "gotten the hang of it" I am moving and won't be able to provide this service in the

future. However, I do have tickets to Billy Elliott and The Birds so I'll see the attendees then; I will miss Last of the Red Hot Lovers as I'll be snow-skiing with my family. This January 5th meeting will be my last. I will miss the friends and acquaintances I have made in BCREA these 7 years. To all of you I extend my best wishes for continuing good times with BCREA. Please continue to participate in arts activities in the future as it is good for your soul!

Sincerely, **Michele**



Be sure to visit <http://www.facebook.com/#!/CSCUmembers> and vote for BrightStar by commenting on CSCU's wall using BrightStar's name to help them win a \$2500 grant to be used for Homeless Student Education. And that's the last byte for this month!

Bev



Send your recipes to **HapiHopi@aol.com**

BCREA Officers....

President

Margarite Falconer
954-524-2938

Vice-President

Barbara Morningstar
954-781-4356

Secretary

Josephine Walker
954-742-2430

Treasurer

Marelise LeClerc
954-962-7343

Bring this to our next meeting or mail it to:

Darcia Drago
4346 Carambola Circle North
Coconut Creek, FL 33066

BCREA VOLUNTEER REPORTING FORM

Name _____
(Please Print)

Month _____, 201 _____

LITERACY VOLUNTEER HOURS:

Teaching Sunday School, reading to children/adults; tutoring; helping with testing programs, etc; Includes any activities to promote a more literate America. TOTAL: _____

WORKING WITH OUR YOUTH:

School, tutoring, mentoring, coaching, etc. (Persons 25 years of age or younger. TOTAL: _____

OTHER COMMUNITY SERVICE HOURS:

Church, civic, hospital / hospice, personal help to others (non-relatives), school, drug, ecology / environment. TOTAL: _____

Overlapping categories should be reported in both places. GRAND TOTAL: _____

Scholarship Luncheon Ticket Order Form

Number of tickets: _____ @ \$25.00 each
Extra donation for Scholarships ? _____

Entrée choices: **Prime Rib of Beef**
Chicken Cordon Bleu
Broiled Salmon

Name	Entrée Choice
_____	_____
_____	_____
_____	_____

Send a check made out to BCREA
(Include a Self-addressed, Stamped Envelope) to
Margarite Falconer
1625 SE 10 Avenue, Apt. 503
Fort Lauderdale, FL 33316

Living Smart at the LLI

Nova-SE University

Friday, December 9, 10-11:30 a.m.

Everything You Wanted to Know About Nursing
Homes but were Afraid to Ask!

This event is FREE and open to the community!

For additional Info, call
Linda Maurice, Director at
954-262-8471

Scholarship Donations

Donor	In Memory Of
Patricia Roberts	Joe Evancho

Undesignated Donations

Karen Donn	Linda Marable
Carol Roland	Mary Pat Shannon

The cost of the BCREA Newsletter is underwritten by:



954-486-2728 • Online at BSCU.org

Serving Broward Educators Since 1946



Seen at the
December
Meeting



Darcy & Pat pass out Directories

Pianist Anita Ferguson and 2 NOTE-ables



Jo joins Martha & Charles
at the Welcome Table



In the lunch line-up!



Ready for Christmas: Pat, Anne & Mary



New-ish members Dianne Sepielli
and Mamie Gooden Lee

BCREA NEWSLETTER
Published 8 times a year, September – April by the
BROWARD COUNTY RETIRED EDUCATORS ASSOCIATION
1040 SW 52 Avenue
Plantation, FL 33317

NON PROFIT ORG
U.S. POSTAGE PAID
FORT LAUDERDALE, FL
PERMIT NO. 409

- DATED MATERIAL -
PLEASE DO NOT DELAY