



# BCREA Newsletter



January, 2009

Broward County Retired Educators' Association

Number 194

## Walker Elementary Chorus Entertains!



For a while at the December meeting, it looked as if the Walker Elementary School Chorus had forgotten their date with BCREA! President **Linda Horton** had completed the business meeting, **Bruce**

**Arnold** had drawn the 50/50 winners - and still no chorus! Linda directed the group to help themselves to lunch. Of course, as soon as everyone was in line, the school bus arrived. Thirty-

six robed and costumed singers and dancers, along with their director **Barbara Hugley** and several assistants quickly appeared. The chorus was soon performing holiday

songs such as *Hanukkah, Santa Claus is Coming to Town* and *Silent Night*. Dancers performed to Tchaikovsky's *March of the Toy Soldiers* and others did a Chinese ribbon dance.

### Scholarship Luncheon To Be Held On February 5

The annual BCREA Scholarship Luncheon will be held on **Thursday, February 5, 2009**  
11:30 am - Social Hour  
12 noon - Lunch served  
**Tropical Acres Restaurant**  
2500 Griffin Road  
(954) 761-1744

Tickets for the luncheon are \$25.00 and will be sold at the January meeting. Or you may order them by mail with the coupon on page 4. Deadline for ordering tickets is January 26.

Please make checks out to **BCREA** and include a Self-Addressed Stamped Envelope with your order.  
**Door prizes are needed!**

If you have something to donate, please bring them to the January meeting or let **Linda Horton** know.

### January 8 Meeting

**Time:** 12 Noon

**Place:** Holiday Park Social Center  
Address: 1150 G. Harold Martin Drive  
Ft. Lauderdale  
(behind War Memorial Auditorium)  
**Program:** Marlene Crep - H2U Health

#### Bring to meeting:

- Potluck Dish to Share
- Door Prize for Luncheon
- Blankies 'n Pillows
- Campbells labels
- Aluminum pull-tabs
- General Mills labels
- Coupons for our troops



## President's Corner

As someone has said in the past, "Here we go again!" A brand new year, a new start, a new beginning... Is it time for making New Year's resolutions? As members of BCREA I thought of two objectives we can work together to achieve.



One objective is scholarship to help our local students in their quest for higher education. This objective can be realized by supporting our scholarship luncheon on February 5th, 2009 at Tropical Acres, buying 50/50 tickets, or making donations to our scholarship fund. If you are unable to give in a monetary way then you can help by tutoring those students who want to further their education.

The second objective is to do something for ourselves. By this I am referring to obtaining good health for ourselves. This objective can be accomplished by going to the doctor yearly for a check up, eating healthy and getting exercise for a half hour - at least three days a week or more. Two more things which could benefit our health are: keeping our brains active by playing bridge, doing crosswords or any activities in which you engage your thought processes. The last suggestion I have for a healthier you is to try to maintain a positive attitude along with humor to keep those laughs coming!

Happy New Year,  
Linda



## From the Social Committee:

It would be a big help if everyone could take home their own leftovers after our luncheons. This would help a lot with clean-up. Many Thanks!

## From the Vice-President

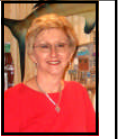
The program for this month is H2U Health, an organization that empowers adults to manage their health and live a healthy lifestyle. H2U is associated with University Hospital in Tamarac. There are over 100 affiliates across the country. One can enroll for a one or two year memberships. They offer classes, lectures & entertainment options.

Margante



## Directory

Chairman: Darcia Drago



Directories were distributed at the December meeting and will be available at the January meeting and the February luncheon as well. Due to

the high cost of mailing, they will be mailed only to members who live out of county and to those who are "shut-ins".

Darcy

## Cultural Affairs

Chairman: Michele Edwards



RESERVE YOUR SEAT FOR THE ONE AND ONLY BCREA CULTURAL ACTIVITY FOR 08-09!!! **We now have only 4 tickets remaining in our block!!** The remaining seats will be "First Paid - First Seated"! So, mail those checks immediately!

Just to remind you, we voted for and are attending:

**"SHOWTUNES"**

**Saturday, January 17  
2:00 pm**

**Stage Door Theatre  
8036 W. Sample Road,**

**Coral Springs, FL, 33065  
954-344-7765**

Group Discount Tickets are \$27 each; make your check payable to BCREA and mail it to Michele Edwards, 1933 NW 107 Drive, Coral Springs, FL, 33071. For more information call her at 954-849-5512.

THE ABSOLUTE LAST DAY TO PAY IS THE **JANUARY 8<sup>TH</sup> MEETING**, IF THERE ARE ANY TICKETS REMAINING!

Michele

## Community Service

Chairman: Darcia Drago



Many thanks for your generous gifts to Women in Distress. You all made their holiday a little brighter.

A "Recipe of Life" for the New Year: work hard, serve others and be joyful!

Darcy

# Health & Blood Bank

Chairman: Kathlyn Barno



Happy New Year to everyone. Hope your holidays were merry and bright and most of all healthy and safe. After all of the celebrating and raising a toast to the season, it is time to shed those extra pounds and get back into our health routines. Here is an easy way to counteract the negative effect of a fatty meal on your arteries as proven in a study done at Indiana University in Bloomington.

Walk slowly for 5 minutes to warm up. (About 2.5

mph on a treadmill).

Walk briskly for 45 minutes. (About 4 mph on a treadmill).

Walk leisurely for 5 minutes to cool down. (About 3 mph on a treadmill)

That's all there is to it. Can't be too hard to try.

We will still be carrying on the blood bank drive this month. Your card costs only \$2.00. You may register friends and family.

Will be looking to see you at the meeting.



## FREA Tours for 2009-2010

Arline Ziller,

FREA Travel Coordinator

arlinez11@gmail.com



954-781-4445

**13-night Transatlantic Eastbound cruise** departing Fort Lauderdale April 12, 2009 for Ponta Delgado, Azores; Madeira, Portugal; Vigo, Spain; Southampton, England: includes such special amenities as ice skating shows, mini-golf course, pool deck and spas. (There are now 34 people on this cruise...join us)

**Discover Sedona 7 days** tour begins in Scottsdale, AZ October 9, 2009 and includes traveling on the historic Grand Canyon Railway and the Verde Canyon Railroad through fantastic canyons and a trolley sightseeing tour to the famous Chapel of the Holy Cross.

**An Old Fashioned Christmas** 5 days December 7, 2009 featuring Pennsylvania Dutch and Brandywine Valley starting with an Amish feast and some unusual shopping in Amish Country, Brandywine Valley and a Pennsylvania German Christmastime.

**Oberammergau Passion Play and the Imperial Cities 10 days July 15, 2010** featuring Prague, Vienna & Budapest which includes a Danube River cruise, palaces and Castles. Join your fearless leaders in this endeavor.

Be sure to include your name, address & phone number when requesting information. Note the change in my E-mail address above. Keep in touch and have happy, healthy and fun filled holidays. Always, *Arline Z*

## The New Year

Hear the Bells a-ringing  
Ringing everywhere  
Proclaiming the birth of a  
New Year  
They waft throughout the  
air.

Hear your neighbors  
singing  
While walking down the  
street  
"Have a Happy New Year"  
To everyone they meet.

May God bless and keep you  
From all you dread and fear  
As you embrace 2009  
And welcome another New  
Year.

Lillian Lampkins  
4/2/1917 - 7/8/2006

## Passages



Happy Birthday to our  
Birthday Club  
(members over 85!)  
**Edith Colden 1/12**  
**Arthur Wolfe, 1/17**  
**Claudia Finlayson, 1/23**  
**Wilise Langford 1/25**  
And turning 85 on 1/01  
**Nancy Sword**



Thinking of You  
**Violet Darden**  
**Edgar & Marian Elder**  
**Jim Morris**  
**Robert Rollins**



In Memoriam  
**Carolyn Payne 12/03**



Welcome New Member!  
**Liz Tallerico**



New Attendee  
**Ruth Hooper**  
and



New Member  
**Liz Tallerico.**



Madeline reads the minutes.

## BCREA Officers...

### President

Linda Horton  
954-463-0192

### Vice-President

Margarite Falconer  
954-524-2938

### Secretary

Madeline Martin  
954-973-6509

### Treasurer

Doris Emmett  
954-772-8681

## Bev's Bytes.....



Happy New Year! Can you believe it will be 2009 in just a few more days? Remember - our January meeting will be on the second Thursday instead of the first - since that's New Year's Day! Hospitality Chairman **Martha Pipes** reported 50 members and 2 guests in attendance at the December meeting. One person who was missing was **Violet Dargan** who's been at the home of her son in Sanford while she recovers from cataract surgery.

A total of \$129.00 was collected for the 50/50. Winners were **Cheryl Bartanowitz** (\$20), **Darcy Drago** (\$20) and !!!! **Darcy Drago** (\$10). In the spirit of the season, she donated the second win back into the scholarship fund! Chocolates were donated by **Linda Horton** and **Ruth Hooper** and were won by **Dorothy Cox**, **Frances Smoot**, **Edie Fisher**, **Linda Horton** and **Johnnye Bentley**.

The Nominating Committee is looking for members who'd like to serve as officers for the 2008-09 club year. If you'd be willing, call **Doris Emmett** or **Jewel Ecton**.

Many thanks to **Darcy Drago** for once again producing a great 2008-2009 directory! Darcy, who had a broken wrist recently brought along her special guy **Bob Causley** to help schlep all the donations for Women in Distress.



**Jim and Evelyn Morris** are still in Kentucky as Jim had to have emergency surgery and is now in re-hab. We're also thinking of **Edgar Elder** who's having health problems and **Robert Rollins** who's in nursing care at John Knox.

I'm sorry to report the passing of **Carolyn Payne**. According to **Jean Childers**, she had been in poor health and in nursing care at John Knox for some time.



**Jean Grason** (at right) was delighted to see Walker Elementary Chorus Director **Barbara Hugley** whom she remembered from her days at Walker.

If you have news to share or know something about members - either local or out of town, call, write or e-mail (my info is on the bottom of pages 2 and 3). For some folks, this *Newsletter* is their only way to keep up with old friends. And that's the last byte for this month!

*Bev*



## Literacy

Chairman: Rosetta Watkins



Our Fifth Grade Essay contest is getting under way. We have two schools committed to participating. They are Lakeside Elementary and Liberty Elementary. Hopefully the other schools we contacted will commit themselves. I would like for all participants to receive a certificate and a book. The winner will receive a special certificate, a book and something extra. Therefore I am asking for donations of new books, appropriate for fifth a grader. We will not know how many books we will need until after the essays are collected in February. More information will be forthcoming.

*Rosetta*



Ruth Hooper and Barbara Doherty help with lunch.



Shirley Paoli cuts coupons for our military people.



Seen at the December Meeting

Josephine Walker, Liz Johnson, Thomascita Bryant and Alphonso Giles



Bring this to our next meeting or mail it to:

**Darcia Drago**  
4346 Carambola Circle North  
Coconut Creek, FL 33066

**BCREA VOLUNTEER REPORTING FORM**

Name \_\_\_\_\_  
(Please Print)

Month \_\_\_\_\_, 200\_\_

**LITERACY VOLUNTEER HOURS:**

Teaching Sunday School, reading to children/adults; tutoring; helping with testing programs, etc; Includes any activities to promote a more literate America. TOTAL: \_\_\_\_\_

**WORKING WITH OUR YOUTH:**

School, tutoring, mentoring, coaching etc. (Persons 25 years of age or younger). TOTAL: \_\_\_\_\_

**OTHER COMMUNITY SERVICE HOURS:**

Church, civic, hospital / hospice, personal help to others (non-relatives), school, drug, ecology / environment. TOTAL: \_\_\_\_\_

Overlapping categories should be reported in both places.  
GRAND TOTAL: \_\_\_\_\_

**Scholarship Luncheon Ticket Order Form**

Number of tickets: \_\_\_\_\_ @ \$25.00 each  
Extra donation for Scholarships ? \_\_\_\_\_

Entrée choices: **Prime Rib of Beef**  
**Chicken Cordon Bleu**  
**Broiled Salmon**

Name	Entrée Choice
_____	_____
_____	_____
_____	_____

**Send a check made out to BCREA**  
**(Include a Self-addressed, Stamped Envelope) to**  
**Doris Emmett**  
**6000 NE 22 Way, Apt. 3-B**  
**Ft. Lauderdale, FL 33308**



**Dorothy Cox and Kathlyn Barno**

**Scholarship Donations**

**Donor**

- Wayne & Arline McWhinney
- Robert & Susan Lochrie
- Robert & Susan Lochrie
- Mildred Peterson
- Peter Viens
- Darcia Drago
- Josefina Ramos-Rivera

**In Memory Of**

- Ralph Kleinback
- John Lyzott and Lillian Lampkins
- Leslie R. & Jerry L. Peterson
- Debbie Viens
- Ulysses Jackson
- Undesignated

The cost of the BCREA Newsletter is underwritten by:



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*Serving Broward Educators Since 1946*

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**BCREA NEWSLETTER**  
Published 8 times a year, September – April by the  
**BROWARD COUNTY RETIRED EDUCATORS ASSOCIATION**  
1040 SW 52 Avenue  
Plantation, FL 33317

NON PROFIT ORGANIZATION

**U.S. POSTAGE  
PAID**

PERMIT NO. 409  
Ft. Lauderdale, FL

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